

Alpine Ascents International

Current Suggested Brand List

Climbing Equipment

- ❑ **Ice Axe w/Leash:** SMC Himalayan or Shuksan, Black Diamond Raven, Grivel Pamir, Grivel Air Tech Racing
- ❑ **Technical Ice Tools:** Black Diamond Fusion, Petzl Charlet Moser Quark, Black Diamond Viper w/ Android Leash
- ❑ **Crampons:** Petzl Charlet Moser Vasak Leverlock, Grivel G12 New-Matic, or Black Diamond Sabertooths
- ❑ **Alpine Climbing Harness:** Black Diamond Bod or Alpine Bod
- ❑ **Rock Climbing Harness:** Black Diamond Chaos, Arc'teryx Verro, Metolius 3-D Freedom, Petzl Calidris
- ❑ **Locking carabiner:** HMS Quicklock, Omega Pacific or equivalent
- ❑ **Ascenders:** Petzl Ascension
- ❑ **Belay/Rappel Device:** Black Diamond ATC
- ❑ **Climbing helmet:** Petzl Ecrin Roc, Edelrid Ultralight, Black Diamond Half Dome or equivalent
- ❑ **Adjustable 3 section Ski/Trekking Poles:** Black Diamond Approach, Leki Ultralite Ti Air Ergo

Footwear

- ❑ **Single boot system:** Millet Everest Boot, La Sportiva Olympus Mons
- ❑ **Double plastic climbing boots (w/ high altitude liners):** Koflach Arctis Expe, Scarpa Invernos (w/ high altitude liners)
- ❑ **Double plastic climbing boots:** Koflach Degree, Scarpa Invernos, or Lowa Civetta
- ❑ **Leather mountain boots:** La Sportiva Nepal Extreme, La Sportiva Nepal Top or Asolo Titan GTX
- ❑ **Hiking Boots:** Garmont Dakota Nubuck, Asolo TPS 535 or Lowa Banff
- ❑ **Light hiking boots or trekking shoes:** Scarpa Zero Gravity 65 XCR, Asolo Fugitive GTX, Montrail TRS Comp
- ❑ **Camp Boots:** Sorel Tezzeron or Caribou or equivalent
- ❑ **Booties (Synthetic):** Parbat High Mountaineering Parbat Booties or 40 Below Camp Bootie
- ❑ **Sports Sandals:** Chaco Z1 or Z2
- ❑ **Snowshoes:** MSR Denali Ascent, MSR Denali Evo Ascent
- ❑ **Rock Climbing Shoes:** FiveTen Spire, La Sportiva Enduro, Boreal Ace or Mad Rock Phoenix Shoes
- ❑ **Fully Insulated Overboots:** Forty Below Purple Haze or K2 Superlight, OR Brooks Ranger
- ❑ **Insulated Supergaiters:** Climb High Buzzard Supergaiters
- ❑ **Gaiters:** Outdoor Research "Crocodiles" or "Expedition Crocodiles"
- ❑ **Hiking Gaiters:** Outdoor Research Cascadia, Mountain Hardwear Ascent Ventigaiter
- ❑ **Wool or Pile Socks:** Bridgedale, Thorlo, Smartwool, Patagonia.
- ❑ **Liner Socks:** Fox River Xstatic Liner Socks, Wigwam Outlast Liner Socks
- ❑ **Vapor barrier socks:** Climb High VBL, Integral Designs VB Socks

Technical Clothing

- ❑ **Lightweight Long Underwear:** Patagonia Capilene, Smart Wool Lightweight, The North Face XTC Lightweight. For women: Patagonia Pull-On Sport Top
- ❑ **Expedition weight underwear top or fleece vest:** The North Face XCT Expedition, Patagonia Capilene Expedition Weight or Patagonia Synchronia Vest
- ❑ **Fleece/Soft Shell jacket:** Mountain Hardwear Synchro Jacket, The North Face Apex Valkyrie Jacket
- ❑ **Synthetic Insulated pants:** Mountain Hardwear Chugach, Patagonia Micro Puff and The North Face Red Point Pant.
- ❑ **Hardshell jacket with hood:** Arc'teryx Beta AR, Marmot Skylight, Mountain Hardwear Tenacity Jacket, The North Face Modulus Jacket
- ❑ **Hardshell pants:** Mountain Hardwear Tenacity, Marmot Terminus and Arc'teryx Beta AR pant
- ❑ **Synthetic Insulated Jacket w/ hood:** The North Face Redpoint Optimus Jacket, Outdoor Research Chaos Jacket, Mountain Hardwear Hooded Compressor Jacket.
- ❑ **Baffled down or synthetic parka with hood:** Feathered Friends Icefall or Rock and Ice, Mtn. Hardwear Sub Zero Parka, Patagonia DAS Parka.
- ❑ **Down Expedition Parka:** Feathered Friends Icefall Parka or Rock and Ice with overfill, Mtn. Hardwear Absolute Zero Parka, Marmot 8000 meter and The North Face Himalayan Parka.
- ❑ **Down Pants:** Feathered Friends Volant

Over Please

Handwear

- Lightweight Synthetic gloves:** Outdoor Research PL 100, Manzella Thermax Grip Glove Liners
- Synthetic/Soft Shell gloves:** Mt Hardwear Foraker Glove, The North Face S.T.H Glove
- Shell Mitts w/ single liner:** Outdoor Research Glacier Verglas or Meteor, The North Face Mountain Guide Mitt
- Expedition Overmitts:** Outdoor Research Alti Mitt, Black Diamond Mercury Mitt
- Ice Climbing Gloves:** Black Diamond Ice Glove, OR Alibi Gloves, Cloudveil Ice Flow
- Modular Gloves:** Black Diamond Guide Glove, Cloudveil Black Ice Glove

Headwear

- Balaclava:**
 - Lightweight:** Outdoor Research PL 100 or Option Balaclava
 - Heavyweight:** Outdoor Research Gorilla
- Glacier glasses with Side Covers:** Julbo Epic or Advance, Cebe Spot,
- Goggles:** Julbo Enak or Excel, Bolle X500 (work well with glasses)
- Noseguard:** Beko, Julbo, Voigt

Personal Equipment

- Backpack:** Arc Teryx Bora 95 or 80, Gregory Denali Pro or Whitney, Osprey Aether 90, Dana Designs Terraplane
- Summit pack:** Wild Things Icesac, Black Diamond Sphynx, Deuter Futura 42
- Trekking pack:** The North Face Skareb 40, Deuter Fox 30, Black Diamond Jackal 35
- Sleeping Bag.**
 - 20°F** Feathered Friends Swallow or Swift, Mountain Hardwear Spectre SL, Western Mountaineering Alpinlite Super
 - 0°F** Feathered Friends Snowbunting or Ibis, Mountain Hardwear Banshee SL, Western Mnteeering Kodiak Super MF
 - 20°F** Feathered Friends Eider or Ptarmigan, The North Face Solar Flare
 - 40°F** Feathered Friends Snow Goose, Western Mountaineering Bison Super DL, The North Face Inferno
- Compression stuff sack:** Granite Gear Round Rock Solids or Granite Gear Air Compressor
- One Self Inflating pad:** Cascade Designs Thermo-Rest Pro lite 4 model
- One Closed-Cell foam pad:** Cascade Designs Ridge-Rest
- Tent:** Mountain Hardwear Trango 2, Sierra Designs Omega, The North Face Mountain 25, MSR Phantom
- Tent Stakes:** MSR Blizzard Snow Stake
- Backpacking stove:** MSR Whisperlite Internationale 600
- Headlamp:** Black Diamond Zenix
- 1 Liter Thermos:** Zojirushi Dura Vacuum Bottle, Thermos/Nissan Stainless Steel
- Pee Funnel (for women):** Freshette
- Compass:** Silva Ranger, Sunto Professional, or Nexus Ranger.
- Knife or Multi-Tool:** Swiss Army Super Tinker, Leatherman Juice.

Traveling

- Large duffel bag:** Wild Things Mule or Burro bag, Patagonia Black Hole bag, The North Face Camp Duffel
- Water Proof Duffel:** Cascade Designs Seal Line 115 Boundary Bag (used exclusively for Kilimanjaro)

This list is only a guide. While you are required to bring everything on this list, there are numerous options, brands, and versions of each piece of equipment, unless otherwise noted. Using our Current Suggested Brand List we encourage you to shop around, do research, use your experience and the listed features to find the best gear for you. If you have questions please give us a call (8:30am-4:00pm M-F PST). Or email Climb@AlpineAscents.com.



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